



# AWANA GARDEN

*Farm to Table*

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## Source, Soups and Sustainability

*A hot pot meal in the cool mountain air is one of the most pleasurable dining experiences to be had, especially if it is at Awana Garden Hotpot, with its sustainability, farm-to-table concept and exciting soup bases.*

*Striving to elevate the steamboat experience, Awana Garden Hotpot promises to serve up the best of everything, from the crispest vegetables, freshest seafood, most tender meat, and in-house pastes of the highest quality.*

*A large part of the fresh produce on the menu comes from the Atrium Greenhouse within the resort itself, while the farm-to-table concept is further emphasized by the use of ingredients gleaned from the forest trails of Awana.*

*Awana Garden Hotpot has designed a selection of outstanding soups which will further elevate the steamboat experience.*

*Savour them and taste the difference, knowing you have partaken of food grown fresh for you, and prepared in the way which captures the essence of sustainable dining.*

## 食材来源, 汤底与可持续性

在凉爽的山间空气中享用火锅是最令人愉悦的用餐体验之一,尤其是在阿娃娜密苑火锅,它具有可持续性、从农场到餐桌的概念和令人胃口大开的汤底。

阿娃娜密苑火锅致力于提升食客的火锅体验,承诺提供最好的一切,从最脆的蔬菜、最新鲜的海鲜、最嫩的肉,到最优质的自制酱料。

菜单上的大部分新鲜农产品来自度假村内的温室,而使用从阿娃娜森林小径收集的食材进一步强调了从农场到餐桌的概念。

阿娃娜密苑火锅创设了一系列的出色汤品,将进一步提升火锅体验。体验并品尝其不同之处,让您深切了解我们为您新鲜种植食物的苦心,并以捕捉可持续餐饮精髓的方式准备。



## HOTPOT SOUP BASES EXCLUSIVELY AT AWANA

阿娃娜独家



### Awana Gear Box Special

A high protein content soup derived from slow-boiled beef bones with local aromatics and Malaysian spices. Good for digestion and gut health.

#### 阿娃娜独家创制：“动力之盒”

一种高蛋白含量的汤，由慢煮牛骨和本地草药香料和调味品烹制而成。有利于消化和肠道健康

### Nyonya Secrets Broth

A Nyonya/Straits Chinese-derived soup which is a blend of slow-simmered broth, coconut milk and tamarind pulp.

#### 娘惹咖喱叻沙

娘惹咖喱叻沙由慢炖肉汤、椰奶和罗望子果肉混合而成。



### Collagen Essence

A clear, rich broth procured from a long, slow-boiling process, using chicken feet, bones and stewing meat to produce a soup of the highest protein content.

#### 胶原蛋白精华

一种清澈、浓郁的肉汤，采用长时间慢煮的过程，使用鸡爪、骨头和炖肉烹制成蛋白质含量最高的汤



## HOTPOT SOUP BASES

EXCLUSIVELY AT AWANA

阿娃娜独家



### Oriental Herb Medley

An Oriental combination of slow-cooked chicken infused with the Chinese herbs yok chok and tong sum, together with wolfberries, red dates and Genting wild tea. This preparation helps in the cleansing of blood, and the balancing of energy or qi.

### 养生药材汤

东方风味的慢炖鸡肉搭配中草药玉竹和汤心, 以及枸杞、红枣和云顶野茶。这种制剂有助于清洁血液, 平衡能量或气。

### Malat

The Malat is a deep-red soup base with the sharp, fragrant aroma of Szechuan paste, Szechuan pepper, dried red chilies, cili padi, star anise, cinnamon and the Chinese root, 'chou gor' added to a long-simmered stock of chicken, dried shrimp, peppercorns and leeks. Expect a fiery, earthy soup with the distinctive tongue tingle from the Szechuan pepper, which also helps with the strengthening of the lungs and respirator tract.



### 娘惹咖喱叻沙

娘惹咖喱叻沙由慢炖肉汤、椰奶和罗望子果肉混合而成。

## HOTPOT SAUCES



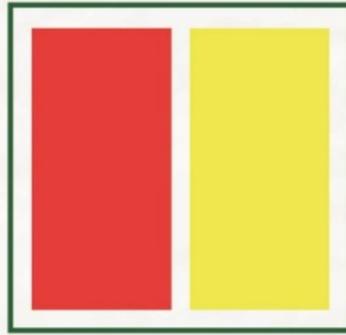
Enjoy unlimited  
condiments for  
just RM10 per person.

每位只需 RM10 即可享用无  
限量的调味品

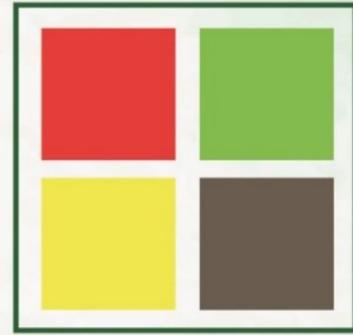




**Single Pot** 单锅



**Twin Pot** 鸳鸯锅



**Quart Pot** 四季锅

| Soup Selection<br>汤底   | Price 价格 (RM)    |                 |                    |
|--|------------------|-----------------|--------------------|
|  | Single Pot<br>单锅 | Twin Pot<br>鸳鸯锅 | Quartet Pot<br>四季锅 |
| Awana Beef Bone Collagen Special<br>阿娃娜 牛骨汤  | <b>68</b>        | <b>48</b>       | <b>38</b>          |
| Nyonya Secrets Broth <br>娘惹咖喱叻沙 | <b>68</b>        | <b>48</b>       | <b>38</b>          |
| Collagen Essence<br>胶原蛋白精华   | <b>68</b>        | <b>48</b>       | <b>38</b>          |
| Oriental Herb Medley (Normal/Vegetarian)<br>养生药材汤 (普通/素食)  | <b>48</b>        | <b>38</b>       | <b>28</b>          |
| Malat <br>麻辣烫                   | <b>68</b>        | <b>48</b>       | <b>38</b>          |

*\*Pictures shown are for illustration purposes only. 显示的图片仅供参考*

*\*All prices quoted in Ringgit Malaysia and inclusive of service tax at prevailing rate where applicable  
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# AWANA GARDEN BASKET

阿娃娜密苑火锅美食篮

All basket serves 4-6 people  
每份美食篮可供 4-6 人使用



Awana Garden Vegetable Basket  
阿娃娜密苑蔬菜篮

40

Awana Garden Basket with Meat  
阿娃娜密苑鲜肉篮

110

Awana Garden Basket with Seafood  
阿娃娜密苑海鲜篮

175

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# VEGETABLES

蔬菜

| Lady Finger 羊角豆    |   |
|--------------------|---|
| Half portion<br>半份 | 4 |
| Full portion<br>整份 | 8 |

| Chinese Cabbage 白菜 |   |
|--------------------|---|
| Half portion<br>半份 | 4 |
| Full portion<br>整份 | 8 |

| White Radish 白萝卜   |    |
|--------------------|----|
| Half portion<br>半份 | 5  |
| Full portion<br>整份 | 10 |

| Lotus Root 莲藕      |    |
|--------------------|----|
| Half portion<br>半份 | 6  |
| Full portion<br>整份 | 12 |



| Young Corn 玉米      |    |
|--------------------|----|
| Half portion<br>半份 | 5  |
| Full portion<br>整份 | 10 |

# SPECIALITY PLATTER

特色拼盘



Assorted Seafood Platter  
什锦海鲜拼盘

145

Meat Platter  
肉类拼盘

80

Paste Platter  
丸滑拼盘

50

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# SPECIALITY HOMEMADE PASTE

## 特色自制丸滑



Fish Paste  
鱼滑

18

Squid Paste  
苏东滑

10

Prawn Paste  
虾滑

28



SEAFOOD  
海鲜类



SHELLFISH  
贝壳类

# CRUSTACEANS

## 甲壳类食材

| Glass Prawn 草虾     |    |
|--------------------|----|
| Half portion<br>半份 | 25 |
| Full portion<br>整份 | 50 |

| Green Mussels 青口贝  |    | Surf Clam 蛤蜊       |    |
|--------------------|----|--------------------|----|
| Half portion<br>半份 | 26 | Half portion<br>半份 | 12 |
| Full portion<br>整份 | 52 | Full portion<br>整份 | 24 |

| Toman Fish 托曼鱼     |    |
|--------------------|----|
| Half portion<br>半份 | 20 |
| Full portion<br>整份 | 40 |

| Scallop 扇贝         |    | Squid 苏东           |    |
|--------------------|----|--------------------|----|
| Half portion<br>半份 | 28 | Half portion<br>半份 | 30 |
| Full portion<br>整份 | 56 | Full portion<br>整份 | 60 |

| Baby Octopus 小章鱼   |    |
|--------------------|----|
| Half portion<br>半份 | 20 |
| Full portion<br>整份 | 40 |

# POULTRY

## 鸡肉



| Sliced Chicken Breast<br>鸡胸肉切片 |    |
|--------------------------------|----|
| Half portion<br>半份             | 10 |
| Full portion<br>整份             | 20 |
| Sliced Chicken Thigh<br>鸡二度切片  |    |
| Half portion<br>半份             | 10 |
| Full portion<br>整份             | 20 |

# BEEF AND LAMB

## 牛肉与羊肉



| Black Angus - Grain Fed 安格斯黑牛 |    |
|-------------------------------|----|
| Half portion 半份               | 32 |
| Full portion 整份               | 64 |

| Australian Lamb Striploin 澳大利亚里脊羊肉 |    |
|------------------------------------|----|
| Half portion 半份                    | 28 |
| Full portion 整份                    | 56 |

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# MUSHROOMS

## 菌菇类

| White And Hon Shimeji<br>鸿禧菇 |    |
|------------------------------|----|
| Half portion<br>半份           | 5  |
| Full portion<br>整份           | 10 |
| Oyster Mushroom<br>秀珍菇       |    |
| Half portion<br>半份           | 5  |
| Full portion<br>整份           | 10 |
| King Oyster Mushroom<br>杏鲍菇  |    |
| Half portion<br>半份           | 8  |
| Full portion<br>整份           | 16 |

| Black Fungus<br>黑木耳    |    |
|------------------------|----|
| Half portion<br>半份     | 5  |
| Full portion<br>整份     | 10 |
| Shitake Mushroom<br>香菇 |    |
| Half portion<br>半份     | 8  |
| Full portion<br>整份     | 16 |
| Enoki Mushroom<br>金针菇  |    |
| Half portion<br>半份     | 5  |
| Full portion<br>整份     | 10 |

# RICE AND NOODLES

## 饭与面



| Deep-fried Mantou 炸馒头 |    |
|-----------------------|----|
| Half portion<br>半份    | 6  |
| Full portion<br>整份    | 12 |
| Rice 白饭               |    |
| Per Bowl<br>(每碗)      | 3  |

| Broad Potato Vermicelli 红薯粉 |    |
|-----------------------------|----|
| Half portion<br>半份          | 8  |
| Full portion<br>整份          | 16 |
| Glass Noodle 粉丝             |    |
| Half portion<br>半份          | 4  |
| Full portion<br>整份          | 8  |
| Udon Noodle 乌冬              |    |
| Half portion<br>半份          | 6  |
| Full portion<br>整份          | 12 |
| Lamian Noodle 拉面            |    |
| Half portion<br>半份          | 6  |
| Full portion<br>整份          | 12 |

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# BEAN CURD

## 豆腐类



| Bentong Bean Curd 文冬豆腐 |    |
|------------------------|----|
| Half portion<br>半份     | 5  |
| Full portion<br>整份     | 10 |

| Fried Bean Curd Skin 炸豆腐皮 |    |
|---------------------------|----|
| Half portion<br>半份        | 5  |
| Full portion<br>整份        | 10 |
| Bean Curd Strip 豆腐皮       |    |
| Half portion<br>半份        | 8  |
| Full portion<br>整份        | 16 |
| White Bean Curd 白豆腐       |    |
| Half portion<br>半份        | 4  |
| Full portion<br>整份        | 8  |



# OTHERS

## 其他

| Fried Fish Skin 炸鱼皮 |    |
|---------------------|----|
| Half portion<br>半份  | 10 |
| Full portion<br>整份  | 20 |
| Quail Egg 鹌鹑蛋       |    |
| Half portion<br>半份  | 6  |
| Full portion<br>整份  | 10 |

|                               |    |
|-------------------------------|----|
| Fruit Platter<br>水果拼盘         | 10 |
| Lemongrass Jelly<br>香茅果冻      | 3  |
| Chicken Egg (Each)<br>鸡蛋 (一粒) | 3  |

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# DRINKS

## 饮品类



| TEA SELECTION 茶类           |    |
|----------------------------|----|
| Bentong Old Ginger<br>文冬老姜 | 9  |
| POT 壶                      |    |
| Chinese Tea<br>中国茶         | 10 |
| Green Tea<br>绿茶            | 15 |
| Chrysanthemum Tea<br>菊花茶   | 15 |
| Gohtong Puer Tea<br>梧桐普洱茶  | 15 |

| AQUA 矿泉水                    |    |
|-----------------------------|----|
| Mineral Water<br>矿泉水        | 6  |
| Perrier Water<br>沛綠雅矿泉水     | 15 |
| Evian Water<br>依云天然矿泉水      | 14 |
| Evian 1 Litre<br>依云天然矿泉水 1升 | 25 |

|   | Glass 杯 | Jug 瓶 |
|---|---------|-------|
| Green Apple Juice<br>青苹果汁                             | 15      | 50    |
| Fresh Orange Juice<br>新鲜橙汁                            | 15      | 50    |
| Fresh Watermelon Juice<br>新鲜西瓜汁                       | 15      | 50    |
| Fresh Watermelon Juice with Longan / Lychee<br>配荔枝或龙眼 | 17      | 60    |

| HOT SPECIALTIES 热饮   |   |
|----------------------|---|
| Teh Tarik<br>拉茶      | 8 |
| Nescafe Tarik<br>雀巢  | 8 |
| Kopi Tarik<br>咖啡     | 8 |
| Milo Tarik<br>美禄     | 8 |
| Hot Chocolate<br>热可可 | 8 |

| SOFT DRINKS 有汽饮料        |    |
|-------------------------|----|
| Coca Cola<br>可口可乐       | 10 |
| Coke Zero<br>零糖可口可乐     | 10 |
| Sprite<br>雪碧可以          | 10 |
| 100 Plus<br>100号        | 10 |
| Red Bull Gold<br>金罐红牛   | 10 |
| Red Bull Tall<br>红牛能量饮料 | 18 |
| Livita                  | 10 |

